




October 2020
10/12 Columbus Day
10/31 Halloween

ACTIVITY LOCATION KEY:

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|------|-------------------|--------|--------------|
| 2FLB | 2nd Floor Balcony | TR | Theater Room |
| ACT | Activities Room | SUN | Sunroom 1 |
| B | Bistro | AL Bar | LIVE MUSIC |
| DR | Dining Room | | |
| LR | Living Room | | |
| O | Outing | | |

*Celebrate***LIFE!** Calendar & Social Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <u>HAPPY BIRTHDAY!</u> 10/15 Peggy Harvey 10/24 Mickey McMahan 10/31 Loretta Briggs		<p>The 8 Dimensions of Wellness</p> <ul style="list-style-type: none"> • Remaining active & mobile! • Establish & maintain a positive relationship with yourself & others. • Environment & community Consciousness! • Inner peace & security! • Maintain a sense of Identity & purpose! • Engage & participate in a courteous manner with others! • Expand one's knowledge & learn new things! • Productivity & health 		<p>1 7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 10:00 Bible Study w/ James (ACT) 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)</p>	<p>2 7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 10:30 Light Weights w/ Andree (TR) 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)</p>	<p>3 7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 10:30-11:00 General Store 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)</p>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4	5	6	7	8	9	10
7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)	7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 10:30 Light Weights w/ Andree (TR) 10:30 Chair Volleyball! (Lobby) 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)	7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 9:30 Hot Cocoa (Delivered to your door) 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)	OKTOBERFEST! 7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 10:30 Stretch & Balance w/ Keith (2FLB) 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 2:00-3:00 Bingo (ACT) 3:30 Executive Director Chat w/ Nancy (DR) 4:15 Dinner (DR) (Group 1) 4:30-6:15 LIVE MUSIC! w/ Dave Mehl & Crew (DR) 5:30 Dinner (DR) (Group 2)	PODIATRIST 7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 10:00 Bible Study w/ James (ACT) 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)	7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 10:30 Light Weights w/ Andree (TR) 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 1:00 Scenic Drive (O) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)	7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 10:30-11:00 General Store 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)

October 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>11</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>12 COLUMBUS DAY</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30 Light Weights w/ Andree (TR)</p> <p>10:30 Chair Volleyball! (Lobby)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>4:45-6:15 LIVE MUSIC! w/ Bernie Schweickart (DR)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>13</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>9:30 Hot Cocoa (Delivered to your door)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>14</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30 Stretch & Balance w/ Keith (2FLB)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>15</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:00 Bible Study w/ James (ACT)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>16</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30 Light Weights w/ Andree (TR)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>17</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30-11:00 General Store</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>

October 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18	19	20	21	22	23	24
7:30 Breakfast (DR) (Group 1)	7:30 Breakfast (DR) (Group 1)	7:30 Breakfast (DR) (Group 1)	7:30 Breakfast (DR) (Group 1)	7:30 Breakfast (DR) (Group 1)	7:30 Breakfast (DR) (Group 1)	7:30 Breakfast (DR) (Group 1)
8:45 Breakfast (DR) (Group 2)	8:45 Breakfast (DR) (Group 2)	8:45 Breakfast (DR) (Group 2)	8:45 Breakfast (DR) (Group 2)	8:45 Breakfast (DR) (Group 2)	8:45 Breakfast (DR) (Group 2)	8:45 Breakfast (DR) (Group 2)
11:15 Lunch (DR) (Group 1)	10:30 Light Weights w/ Andree (TR)	9:30 Hot Cocoa (Delivered to your door)	10:30 Stretch & Balance w/ Keith (2FLB)	10:00 Bible Study w/ James (ACT)	10:30 Light Weights w/ Andree (TR)	10:30-11:00 General Store
12:30 Lunch (DR) (Group 2)	10:30 Chair Volleyball! (Lobby)	11:15 Lunch (DR) (Group 1)	11:15 Lunch (DR) (Group 1)	11:15 Lunch (DR) (Group 1)	11:15 Lunch (DR) (Group 1)	11:15 Lunch (DR) (Group 1)
2:00-3:00 Bingo (ACT)	11:15 Lunch (DR) (Group 1)	12:30 Lunch (DR) (Group 2)	12:30 Lunch (DR) (Group 2)	12:30 Lunch (DR) (Group 2)	12:30 Lunch (DR) (Group 2)	12:30 Lunch (DR) (Group 2)
4:15 Dinner (DR) (Group 1)	12:30 Lunch (DR) (Group 2)	3:00 Bingo (ACT) (Due to Staff Meeting)	2:00-3:00 Bingo (ACT)	2:00-3:00 Bingo (ACT)	1:00 Scenic Drive (O)	2:00-3:00 Bingo (ACT)
5:30 Dinner (DR) (Group 2)	2:00-3:00 Bingo (ACT)	4:15 Dinner (DR) (Group 1)	4:15 Dinner (DR) (Group 1)	4:15 Dinner (DR) (Group 1)	2:00-3:00 Bingo (ACT)	4:15 Dinner (DR) (Group 1)
	4:15 Dinner (DR) (Group 1)	5:30 Dinner (DR) (Group 2)	5:30 Dinner (DR) (Group 2)	5:30 Dinner (DR) (Group 2)	4:15 Dinner (DR) (Group 1)	5:30 Dinner (DR) (Group 2)
	5:30 Dinner (DR) (Group 2)				5:30 Dinner (DR) (Group 2)	

October 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	31 HALLOWEEN
7:30 Breakfast (DR) (Group 1)	7:30 Breakfast (DR) (Group 1)	7:30 Breakfast (DR) (Group 1)	7:30 Breakfast (DR) (Group 1)	7:30 Breakfast (DR) (Group 1)	7:30 Breakfast (DR) (Group 1)	7:30 Breakfast (DR) (Group 1)
8:45 Breakfast (DR) (Group 2)	8:45 Breakfast (DR) (Group 2)	8:45 Breakfast (DR) (Group 2)	8:45 Breakfast (DR) (Group 2)	8:45 Breakfast (DR) (Group 2)	8:45 Breakfast (DR) (Group 2)	8:45 Breakfast (DR) (Group 1)
11:15 Lunch (DR) (Group 1)	10:30 Light Weights w/ Andree (TR) 10:30 Chair Volleyball! (Lobby)	9:30 Hot Cocoa (Delivered to your door)	10:30 Stretch & Balance w/ Keith (2FLB)	10:00 Bible Study w/ James (ACT)	10:30 Light Weights w/ Andree (TR)	8:45 Breakfast (DR) (Group 2) 10:30-11:00 General Store
12:30 Lunch (DR) (Group 2)	11:15 Lunch (DR) (Group 1)	11:15 Lunch (DR) (Group 1)	11:15 Lunch (DR) (Group 1)	11:15 Lunch (DR) (Group 1)	11:15 Lunch (DR) (Group 1)	11:15 Lunch (DR) (Group 1)
2:00-3:00 Bingo (ACT)	12:30 Lunch (DR) (Group 2)	12:30 Lunch (DR) (Group 2)	12:30 Lunch (DR) (Group 2)	12:30 Lunch (DR) (Group 2)	12:30 Lunch (DR) (Group 2)	12:30 Lunch (DR) (Group 2)
4:15 Dinner (DR) (Group 1)	2:00-3:00 Bingo (ACT)	2:00-3:00 Bingo (ACT)	2:00-3:00 Bingo (ACT)	2:00-3:00 Bingo (ACT)	2:00-3:00 Bingo (ACT)	2:00-3:00 Bingo (ACT)
5:30 Dinner (DR) (Group 2)	4:15 Dinner (DR) (Group 1) 4:45-6:15 LIVE MUSIC! w/ Bernie Schweickart (DR) 5:30 Dinner (DR) (Group 2)	4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)	4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)	4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)	4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)	4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)