



May 2021

5/1 Derby Day

5/9 Mother's Day

5/31 Memorial Day

ACTIVITY LOCATION KEY:

2FLB	2nd Floor Balcony	TR	Theater Room
ACT	Activities Room	SUN	Sunroom 1
B	Bistro	AL Bar	LIVE MUSIC
DR	Dining Room	50D	50's Diner
LIB	Library		
LR	Living Room		
O	Outing		

*Celebrate***LIFE!** **Calendar & Social Events**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>The 8 Dimensions of Wellness</p> <ul style="list-style-type: none"> • Remaining active & mobile! • Establish & maintain a positive relationship with yourself & others. • Environment & community Consciousness! • Inner peace & security! • Maintain a sense of Identity & purpose! • Engage & participate in a courteous manner with others! • Expand one's knowledge & learn new things! • Productivity & health 	<p><u>HAPPY BIRTHDAY!</u></p> <p>5/4 Sarah Parks</p> <p>5/17 Marlene McGlothlin</p> <p>5/25 Tommie Houston</p>						<p>1</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:45-12:00 Dollar Tree (O)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>11:30 Kings in the Corner Card Game (2FLB)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:15-1:45 General Store (2FLB)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>

May 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30-12:00 Local Church (O)</p> <p>10:30 Mass of the Air on TV (TR)</p> <p>11:00 SECC Service on TV (TR)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00 Light Weights w/ Andree (50D)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>3</p> <p style="color: red; text-align: center;">WEAR TWO DIFFERENT COLOR SHOES!</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30 Chair Volleyball! (Lobby)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00 Light Weights w/ Andree (50D)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>4:45-6:15 LIVE MUSIC! w/ Bernie Schweickart (DR)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>4</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>9:30 Hot Cocoa (Delivered to your door)</p> <p>10:30 "Red Skelton" (TR)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:15 -1:45 Blackjack (LIB)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>3:15-3:45 General Store (2FLB)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>5</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:00 BP check (Spa Room)</p> <p>10:00 Balcony Fishing (2FLB)</p> <p>10:30 Stretch & Balance w/ Keith (2FLB)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:30 Billiards w/ Chef Bob (50D)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>3:30 Executive Director Chat w/Nancy (DR)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>6</p> <p style="color: purple; text-align: center;">NATIONAL NURSES DAY!</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:00 Pretty Nails (LV1)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00 Light Weights w/ Andree (50D)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p> <p>6:30 Evening Movie (TR)</p>	<p>7</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30 Kroger (O)</p> <p>10:30 Rummikub (2FLB)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:00 Scenic Drive (O) Cave Hill Cemetery</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>8</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:45-12:00 Kohl's (O)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>11:30 Kings in the Corner Card Game (2FLB)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:15-1:45 General Store (2FLB)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9 MOTHER'S DAY 7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 10:30-12:00 Local Church (O) 10:30 Mass of the Air on TV (TR) 11:00 SECC Service on TV (TR) 11:15 Lunch (DR) (Group 1) 11:30-1 Louis- ville Orchestra String Quartet (DR) 12:30 Lunch (DR) (Group 2) 1:30 Movie Matinee (TR) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)</p>	<p>10 NAT'L SHRIMP DAY! 7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 10:30 Chair Volleyball! (Lobby) 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 2:00 Light Weights w/ Andree (50D) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)</p>	<p>11 7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 9:30 Hot Cocoa (Delivered to your door) 10:30 "Red Skelton" (TR) 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 1:00 Book Club (SUN) 1:15 -1:45 Blackjack (LIB) 1:30 Resident Services Chat w/Jennifer (DR) 2:00-3:00 Bingo (ACT) 3:15-3:45 General Store (2FLB) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)</p>	<p>12 7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 10:00 Blood Pressure checks (Spa Room) 10:30 Stretch & Balance w/ Keith (2FLB) 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 1:30 Billiards w/ Chef Bob (50D) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)</p>	<p>13 NAT'L APPLE PIE DAY! 7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 10:00 Pretty Nails (LV1) 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 1:30 Activities Chat w/Amy (DR) 2:00 Light Weights w/ Andree (50D) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2) 6:30 Evening Movie (TR)</p>	<p>14 7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 10:30 Walmart (O) 10:30 Rummikub (2FLB) 11:15 Lunch (DR) (Group 1) 12:30 Lunch (DR) (Group 2) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)</p>	<p>15 NAT'L ARMED FORCES DAY 7:30 Breakfast (DR) (Group 1) 8:45 Breakfast (DR) (Group 2) 10:45-12:00 Hobby Lobby (O) 11:15 Lunch (DR) (Group 1) 11:30 Kings in the Corner Card Game (2FLB) 12:30 Lunch (DR) (Group 2) 1:15-1:45 General Store (2FLB) 2:00-3:00 Bingo (ACT) 4:15 Dinner (DR) (Group 1) 5:30 Dinner (DR) (Group 2)</p>

May 2021

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<p>16</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30-12:00 Local Church (O)</p> <p>10:30 Mass of the Air on TV (TR)</p> <p>11:00 SECC Service on TV (TR)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00 Light Weights w/ Andree (50D)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>17</p> <p>NAT'L CHERRY COBBLER DAY!</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30 Chair Volleyball! (Lobby)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00 Light Weights w/ Andree (50D)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>4:45-6:15 LIVE MUSIC! w/ Bernie Schweickart (DR)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>18</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>9:30 Hot Cocoa (Delivered to your door)</p> <p>10:30 "Red Skelton" (TR)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:15 -1:45 Blackjack (LIB)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>3:15-3:45 General Store (2FLB)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>19</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>9:30 Catholic Communion (TR)</p> <p>10:00 BP check (Spa Room)</p> <p>10:30 Stretch & Balance w/ Keith (2FLB)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:30 Billiards w/ Chef Bob (50D)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>20</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:00 Pretty Nails (LV1)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00 Light Weights w/ Andree (50D)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p> <p>6:30 Evening Movie (TR)</p>	<p>21</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30 Kroger (O)</p> <p>10:30 Rummikub (2FLB)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:00 Scenic Drive (O) Cave Hill Cemetery</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>22</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:45-12:00 Target (O)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>11:30 Kings in the Corner Card Game (2FLB)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:15-1:45 General Store (2FLB)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>

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<p>23</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30-12:00 Local Church (O)</p> <p>10:30 Mass of the Air on TV (TR)</p> <p>11:00 SECC Service on TV (TR)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:30 Movie Matinee (TR)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>24</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30 Chair Volleyball! (Lobby)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00 Light Weights w/ Andree (50D)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>3:15 Memorial Day Craft (2FLB)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>25 NAT'L WINE DAY!</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>9:30 Hot Cocoa (Delivered to Your door)</p> <p>10:30 "Red Skelton" (TR)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:15 -1:45 Blackjack (LIB)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>3:00-3:45 Wine & Cheese Tasting (DR)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>26</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:00 Blood Pressure checks (Spa Room)</p> <p>10:30 Stretch & Balance w/ Keith (2FLB)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:30 Billiards w/ Chef Bob (50D)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>27</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:00 Pretty Nails (LV1)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:30 Culinary Chat w/Chef Bob (DR)</p> <p>2:00 Light Weights w/ Andree (50D)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p> <p>6:30 Evening Movie (TR)</p>	<p>28</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30 Walmart (O)</p> <p>10:30 Rummikub (2FLB)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>29</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:45-12:00 Bed, Bath & Beyond (O)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>11:30 Kings in the Corner Card Game (2FLB)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:15-1:45 General Store (2FLB)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>

May2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>30</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30-12:00 Local Church (O)</p> <p>10:30 Mass of the Air on TV (TR)</p> <p>11:00 SECC Service on TV (TR)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>1:30 Movie Matinee (TR)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>	<p>31</p> <p style="color: blue;">MEMORAL DAY</p> <p>7:30 Breakfast (DR) (Group 1)</p> <p>8:45 Breakfast (DR) (Group 2)</p> <p>10:30 Chair Volleyball! (Lobby)</p> <p>11:15 Lunch (DR) (Group 1)</p> <p>12:30 Lunch (DR) (Group 2)</p> <p>2:00 Light Weights w/ Andree (50D)</p> <p>2:00-3:00 Bingo (ACT)</p> <p>4:15 Dinner (DR) (Group 1)</p> <p>5:30 Dinner (DR) (Group 2)</p>					