




**May 2021**  
**MEMORY WAY**  
 5/01 Derby Day  
 5/09 Mother's Day  
 5/31 Memorial Day

**ACTIVITY LOCATION KEY:**

2FLB	2nd Floor Balcony	TR	Theater Room
ACT	Activities Room	SR1	Sunroom 1
B	Bistro	SR2	Sunroom 2
DR	Dining Room	LIB	Library
LR	Living Room	AL Bar	LIVE MUSIC
O	Outing		
LV2	2nd Floor Living		

***Celebrate*LIFE! Calendar & Social Events**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><b><u>HAPPY BIRTHDAY!</u></b></p> <p><b>5/25 Mary Lou Peters</b></p>			<p><b>The 8 Dimensions of Wellness!</b></p> <ul style="list-style-type: none"> <li>• Remaining active &amp; mobile!</li> <li>• Establish &amp; maintain a positive Relationship with yourself &amp; Others</li> <li>• Environment &amp; community consciousness!</li> <li>• Inner peace &amp; security!</li> <li>• Maintain a sense of Identity &amp; purpose!</li> <li>• Engage &amp; Participate in a courteous manner with Others!</li> <li>• Expand one's knowledge &amp; learn new things!</li> <li>• Productivity &amp; health</li> </ul>			<p><b>1</b></p> <p>7:30 Breakfast (DR)</p> <p>9:15 Raise the Flag</p> <p>9:30 Exercise</p> <p><b>10:00 Trivia Time</b></p> <p>11:30 Lunch (DR)</p> <p><b>1:00 Movie Matinee (LR)</b></p> <p>3:00 Card Games (LR)</p> <p>3:30 Rest Relax Hydrate</p> <p><b>4:00 Bingo (LR)</b></p> <p>4:30 Dinner (DR)</p> <p><b>7:00 Aromatherapy/Hand Massage</b></p> <p><b>Lowering the Flag</b></p>

# May 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>2</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Exercise 10:00 Memory Chain 11:00 SECC on TV (LR) 11:30 Lunch (DR) 1:00 Bingo (LR) 2:00 Afternoon Stroll 3:00 Make Birthday Cards (LR) 3:30 Rest Relax Hydrate 4:30 Dinner (DR) 6:30 Jenga (LR) 7:00 Movie (LR) Lowering the Flag</p>	<p><b>3</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Pictionary (LR) 10:30 “Deck our Halls” (LR) 11:30 Lunch (DR) 1:00 Art Therapy w/ Kathy (LR) 2:30 “Shake, Rattle &amp; Roll” 3:30 Rest Relax Hydrate 4:30 Dinner (DR) 6:00 Evening Stroll 7:00 Tea Time (B) Lowering the Flag</p>	<p><b>4</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 10:00 Chair Volleyball! (SUN) 11:30 Lunch (DR) 1:00 Pretty Nails (LR) 2:00 Rest Relax Hydrate 3:15 Bingo (LR) 4:30 Dinner (DR) 7:00 Hand Massages (LR) 7:30 Evening Stroll Lowering the Flag</p>	<p><b>5</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Exercise (SUN) 10:00 Cornhole 11:30 Lunch (DR) 1:00 Crossword Puzzle (LR) 2:00 “Deck our Halls” 3:15 Rest Relax Hydrate 4:30 Dinner (DR) 7:00 Movie (LR) Lowering the Flag</p>	<p><b>6</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:15 Music w/ Debbie (SUN) 10:00 Chair Volleyball! (SUN) 11:30 Lunch (DR) 1:00 Arts &amp; Crafts (LR) 2:00 Rest Relax Hydrate 3:15 Bingo (LR) 4:30 Dinner (DR) 6:00 Evening Stroll 7:00 Aromatherapy/ Hand Massage Lowering the Flag</p>	<p><b>7</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Exercise (SUN) 10:00 WAGS! (Pet Therapy) 11:30 Lunch (DR) 1:00 Hangman (LR) 2:00 Walk and Talk 3:00 Rest Relax Hydrate 4:00 Reading the Newspaper 4:30 Dinner (DR) 6:30 Jenga (LR) 7:00 Tea Time (B) Lowering the Flag</p>	<p><b>8</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Exercise 10:00 Trivia Time 11:30 Lunch (DR) 1:00 Movie Matinee (LR) 3:00 Card Games (LR) 3:30 Rest Relax Hydrate 4:00 Bingo (LR) 4:30 Dinner (DR) 7:00 Aromatherapy/Hand Massage Lowering the Flag</p>

# May 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>9</b></p> <p>7:30 Breakfast (DR)</p> <p>9:15 Raise the Flag</p> <p>9:30 Exercise</p> <p>10:00 Memory Chain</p> <p>11:00 SECC on TV (LR)</p> <p>11:30 Lunch (DR)</p> <p>1:00 Bingo (LR)</p> <p>2:00 Afternoon Stroll</p> <p>3:30 Rest Relax Hydrate</p> <p>4:30 Dinner (DR)</p> <p>6:30 Jenga (LR)</p> <p>7:00 Movie (LR)</p> <p style="color: red;">Lowering the Flag</p>	<p><b>10</b></p> <p>7:30 Breakfast (DR)</p> <p>9:15 Raise the Flag</p> <p>9:30 Pictionary (LR)</p> <p style="color: orange;">10:30 Arts &amp; Crafts (LR)</p> <p>11:30 Lunch (DR)</p> <p style="color: blue;">1:00 Board Games (LR)</p> <p style="color: red;">2:30 "Shake, Rattle &amp; Roll"</p> <p>3:30 Rest Relax Hydrate</p> <p>4:30 Dinner (DR)</p> <p>6:00 Evening Stroll</p> <p style="color: magenta;">7:00 Tea Time (B)</p> <p style="color: red;">Lowering the Flag</p>	<p><b>11</b></p> <p>7:30 Breakfast (DR)</p> <p>9:15 Raise the Flag</p> <p style="color: magenta;">10:00 Chair Volleyball! (SUN)</p> <p>11:30 Lunch (DR)</p> <p style="color: red;">1:00 Pretty Nails (LR)</p> <p>2:00 Rest Relax Hydrate</p> <p style="color: blue;">3:15 Bingo (LR)</p> <p>4:30 Dinner (DR)</p> <p style="color: green;">7:00 Hand Massages (LR)</p> <p>7:30 Evening Stroll</p> <p style="color: red;">Lowering the Flag</p>	<p><b>12</b></p> <p>7:30 Breakfast (DR)</p> <p>9:15 Raise the Flag</p> <p>9:30 Exercise (SUN)</p> <p style="color: red;">10:00 Cornhole</p> <p>11:30 Lunch (DR)</p> <p style="color: red;">1:00 Crossword Puzzle (LR)</p> <p>2:00 "Whack the Balloon"</p> <p>3:15 Rest Relax Hydrate</p> <p>4:30 Dinner (DR)</p> <p>7:00 Movie (LR)</p> <p style="color: red;">Lowering the Flag</p>	<p><b>13</b></p> <p>7:30 Breakfast (DR)</p> <p>9:15 Raise the Flag</p> <p style="color: blue;">9:15 Music w/ Debbie (SUN)</p> <p style="color: magenta;">10:00 Chair Volleyball! (SUN)</p> <p>11:30 Lunch (DR)</p> <p style="color: red;">1:00 Arts &amp; Crafts (LR)</p> <p>2:00 Rest Relax Hydrate</p> <p style="color: blue;">3:15 Bingo (LR)</p> <p>4:30 Dinner (DR)</p> <p>6:00 Evening Stroll</p> <p style="color: green;">7:00 Aromatherapy/ Hand Massage</p> <p style="color: red;">Lowering the Flag</p>	<p><b>14</b></p> <p>7:30 Breakfast (DR)</p> <p>9:15 Raise the Flag</p> <p>9:30 Exercise (SUN)</p> <p style="color: red;">10:00 Bowling</p> <p>11:30 Lunch (DR)</p> <p style="color: blue;">1:00 Scenic Drive (O)</p> <p>2:00 Walk and Talk</p> <p>3:00 Rest Relax Hydrate</p> <p style="color: blue;">4:00 Reading the Newspaper</p> <p>4:30 Dinner (DR)</p> <p>6:30 Jenga (LR)</p> <p style="color: magenta;">7:00 Tea Time (B)</p> <p style="color: red;">Lowering the Flag</p>	<p><b>15</b></p> <p>7:30 Breakfast (DR)</p> <p>9:15 Raise the Flag</p> <p>9:30 Exercise</p> <p style="color: red;">10:00 Trivia Time</p> <p>11:30 Lunch (DR)</p> <p style="color: green;">1:00 Movie Matinee (LR)</p> <p>3:00 Card Games (LR)</p> <p>3:30 Rest Relax Hydrate</p> <p style="color: blue;">4:00 Bingo (LR)</p> <p>4:30 Dinner (DR)</p> <p style="color: green;">7:00 Aromatherapy/Hand Massage</p> <p style="color: red;">Lowering the Flag</p>

# May 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>16</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Exercise 10:00 Memory Chain 11:00 SECC on TV (LR) 11:30 Lunch (DR) 1:00 Bingo (LR) 2:00 Afternoon Stroll 3:30 Rest Relax Hydrate 4:30 Dinner (DR) 6:30 Jenga (LR) 7:00 Movie (LR) Lowering the Flag</p>	<p><b>17</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Pictionary (LR) 10:30 Bowling (LR) 11:30 Lunch (DR) 1:00 Art Therapy w/ Kathy (LR) 2:30 "Shake, Rattle &amp; Roll" 3:30 Rest Relax Hydrate 4:30 Dinner (DR) 6:00 Evening Stroll 7:00 Tea Time (B) Lowering the Flag</p>	<p><b>18</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 10:00 Chair Volleyball! (SUN) 11:30 Lunch (DR) 1:00 Pretty Nails (LR) 2:00 Rest Relax Hydrate 3:15 Bingo (LR) 4:30 Dinner (DR) 7:00 Hand Massages (LR) 7:30 Evening Stroll Lowering the Flag</p>	<p><b>19</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Exercise (SUN) 10:00 Cornhole 11:30 Lunch (DR) 1:00 Crossword Puzzle (LR) 2:00 "Whack the Balloon" 3:15 Rest Relax Hydrate 4:30 Dinner (DR) 7:00 Movie (LR) Lowering the Flag</p>	<p><b>20</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:15 Music w/ Debbie (SUN) 10:00 Chair Volleyball! (SUN) 11:30 Lunch (DR) 1:00 Arts &amp; Crafts (LR) 2:00 Rest Relax Hydrate 3:15 Bingo (LR) 4:30 Dinner (DR) 6:00 Evening Stroll 7:00 Aromatherapy/ Hand Massage Lowering the Flag</p>	<p><b>21</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Exercise (SUN) 10:00 WAGS! (Pet Therapy) 11:30 Lunch (DR) 1:00 Hangman (LR) 2:00 Walk and Talk 3:00 Rest Relax Hydrate 4:00 Reading the Newspaper 4:30 Dinner (DR) 6:30 Jenga (LR) 7:00 Tea Time (B) Lowering the Flag</p>	<p><b>22</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Exercise 10:00 Trivia Time 11:30 Lunch (DR) 1:00 Movie Matinee (LR) 3:00 Card Games (LR) 3:30 Rest Relax Hydrate 4:00 Bingo (LR) 4:30 Dinner (DR) 7:00 Aromatherapy/Hand Massage Lowering the Flag</p>

# May 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>23</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Exercise 10:00 Memory Chain 11:00 SECC on TV (LR) 11:30 Lunch (DR) 1:00 Bingo (LR) 2:00 Afternoon Stroll 3:30 Rest Relax Hydrate 4:30 Dinner (DR) 6:30 Jenga (LR) 7:00 Movie (LR) Lowering the Flag</p>	<p><b>24</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Pictionary (LR) 10:30 Arts &amp; Crafts (LR) 11:30 Lunch (DR) 1:00 Resident's Birthday Celebration (DR) 2:30 "Shake, Rattle &amp; Roll" 3:30 Rest Relax Hydrate 4:30 Dinner (DR) 6:00 Evening Stroll 7:00 Tea Time (B) Lowering the Flag</p>	<p><b>25</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 10:00 Chair Volleyball! (SUN) 11:30 Lunch (DR) 1:00 Pretty Nails (LR) 2:00 Rest Relax Hydrate 3:15 Bingo (LR) 4:30 Dinner (DR) 7:00 Hand Massages (LR) 7:30 Evening Stroll Lowering the Flag</p>	<p><b>26</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Exercise (SUN) 10:00 Cornhole 11:30 Lunch (DR) 1:00 Crossword Puzzle (LR) 2:00 "Whack the Balloon" 3:15 Rest Relax Hydrate 4:30 Dinner (DR) 7:00 Movie (LR) Lowering the Flag</p>	<p><b>27</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:15 Music w/ Debbie (SUN) 10:00 Chair Volleyball! (SUN) 11:30 Lunch (DR) 1:00 Arts &amp; Crafts (LR) 2:00 Rest Relax Hydrate 3:15 Bingo (LR) 4:30 Dinner (DR) 6:00 Evening Stroll 7:00 Aromatherapy/ Hand Massage Lowering the Flag</p>	<p><b>28</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Exercise (SUN) 10:00 Bowling 11:30 Lunch (DR) 1:00 Scenic Drive (O) 2:00 Walk and Talk 3:00 Rest Relax Hydrate 4:00 Reading the Newspaper 4:30 Dinner (DR) 6:30 Jenga (LR) 7:00 Tea Time (B) Lowering the Flag</p>	<p><b>29</b> 7:30 Breakfast (DR) 9:15 Raise the Flag 9:30 Exercise 10:00 Trivia Time 11:30 Lunch (DR) 1:00 Movie Matinee (LR) 3:00 Card Games (LR) 3:30 Rest Relax Hydrate 4:00 Bingo (LR) 4:30 Dinner (DR) 7:00 Aromatherapy/Hand Massage Lowering the Flag</p>

# May 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>30</b></p> <p>7:30 Breakfast (DR)</p> <p>9:15 Raise the Flag</p> <p>9:30 Exercise</p> <p>10:00 Memory Chain</p> <p>11:00 SECC on TV (LR)</p> <p>11:30 Lunch (DR)</p> <p>1:00 Bingo (LR)</p> <p>2:00 Afternoon Stroll</p> <p>3:30 Rest Relax Hydrate</p> <p>4:30 Dinner (DR)</p> <p>6:30 Jenga (LR)</p> <p>7:00 Movie (LR)</p> <p>Lowering the Flag</p>	<p><b>31</b></p> <p>7:30 Breakfast (DR)</p> <p>9:15 Raise the Flag</p> <p>9:30 Pictionary (LR)</p> <p>10:30 Arts &amp; Crafts (LR)</p> <p>11:30 Lunch (DR)</p> <p>1:00 Board Games (LR)</p> <p>2:30 "Shake, Rattle &amp; Roll"</p> <p>3:30 Rest Relax Hydrate</p> <p>4:30 Dinner (DR)</p> <p>6:00 Evening Stroll</p> <p>7:00 Tea Time (B)</p> <p>Lowering the Flag</p>					