

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:00 DailyChronicle Reading 9:15 Raise the Flag 10:00 Exercise w/ Music 2:00 (0) Outing 2:00 Whack the Balloon 3:00 Tea Time! 6:00 Evening Stroll 7:00 Rest, Relax, Hydrate	2 9:00 Muffin Delivery 9:30 DailyChronicle Reading 10:00 Chair volleyball 1:00 Pretty Nails 3:15 Bingo 6:00 Evening Stroll 7:00 Rest, Relax, Hydrate	3 9:00 DailyChronicle Reading 9:15 Raise the Flag 10:00 Cornhole 1:00 (DR) Watermelon Contest 2:00 Exercise w/SelectRehab 2:00 (FL) Paint n' Sip 7:00 Movie	4 9:00 DailyChronicle Reading 10:00 Candy Bar KENO 1:00 Hand Massages 3:00 Live Entertainment 6:00 Evening Stroll 7:00 Rest, Relax, Hydrate	5 9:00 DailyChronicle Reading 9:15 Raise the Flag 10:00 Exercise w/ Shannon 11:00 Bowling 1:30 (TR) Friday Matinee 3:00 Water Balloon Toss 7:00 Rest, Relax, Hydrate	6 9:00 DailyChronicle Reading 9:30 Exercise 10:00 Trivia Time 1:00 Arts & Crafts 4:00 Bingo 7:00 Rest, Relax, Hydrate
7 9:00 DailyChronicle Reading 9:30 Exercise 11:00 S.E.C.C. on TV 1:00 Sing-along Hymns 2:00 - 2:30 Sunday Sundaes 3:30 PoKeNo 6:00 Walking Club 7:00 Rest, Relax, Hydrate	8 9:00 DailyChronicle Reading 9:15 Raise the Flag 10:00 Exercise w/ Music 2:00 (0) Outing 2:00 Whack the Balloon 3:00 Tea Time! 3:30 Live Entertainment 6:00 Evening Stroll 7:00 Rest, Relax, Hydrate	9 9:00 DailyChronicle Reading 10:00 Chair volleyball 11:30 Lunch: Pizza Party! 1:00 Pretty Nails 2:00 Pairing & Sorting 3:15 Bingo 6:00 Evening Stroll 7:00 Rest, Relax, Hydrate	10 9:00 DailyChronicle Reading 9:15 Raise the Flag 10:00 Candy Bar KENO 2:00 Exercise w/SelectRehab 3:30 Mocktail Hour 7:00 Movie 7:00 Rest, Relax, Hydrate	11 8:45 Hot Cocoa 9:00 DailyChronicle Reading 10:30 Cardio Drumming 1:00 Arts and Crafts 3:00 Cornhole 6:00 Evening Stroll 7:00 Rest, Relax, Hydrate	12 9:00 DailyChronicle Reading 9:15 Raise the Flag 9:30 Exercise 11:00 Bowling 1:30 (TR) Friday Matinee 3:00 Walk & Talk 7:00 Rest, Relax, Hydrate	13 9:00 DailyChronicle Reading 9:30 Exercise 10:00 Dice Bowling 1:00 Movie Matinee 3:30 Reminiscing Hour 4:00 Bingo 7:00 Rest, Relax, Hydrate
14 9:00 DailyChronicle Reading 9:15 Raise the Flag 9:30 Exercise 11:00 S.E.C.C. on TV 1:00 Bowling 2:00 - 2:30 Sunday Sundaes 3:00 Cornhole 6:00 Walking Club 7:00 Rest, Relax, Hydrate	15 9:00 DailyChronicle Reading 9:15 Raise the Flag 10:00 Exercise w/ Music 2:00 (0) Outing 2:00 Whack the Balloon 3:00 Tea Time! 6:00 Evening Stroll 7:00 Rest, Relax, Hydrate	16 8:30 Cinn Roll Delivery 9:00 DailyChronicle Reading 10:00 Chair volleyball 1:00 Pretty Nails 2:00 Flower Buds 3:15 Bingo 6:30 Evening Stroll 7:00 Rest, Relax, Hydrate	17 9:00 DailyChronicle Reading 9:15 Raise the Flag 10:00 Fold & Fly 2:00 Exercise w/SelectRehab 2:00 (FL) Paint n' Sip 3:30 Mocktail Hour 7:00 Movie 7:00 Rest, Relax, Hydrate	18 9:00 DailyChronicle Reading 10:00 Chair Volleyball 1:00 Arts and Crafts 2:30 (B) Culinary Showcase 3:15 - 4:15 Live Entertainment 6:00 Evening Stroll 7:00 Rest, Relax, Hydrate	19 9:00 DailyChronicle Reading 9:15 Raise the Flag 10:00 Exercise w/ Shannon 11:00 Bowling 1:30 (TR) Friday Matinee 2:00 Walk & Talk 7:00 Rest, Relax, Hydrate	20 9:00 DailyChronicle Reading 9:30 Exercise 10:00 Trivia Time 1:00 Hand Massages 1:00 - 2:00 Live Entertainment 3:30 Cooking Demo 4:00 Bingo 7:00 Rest, Relax, Hydrate

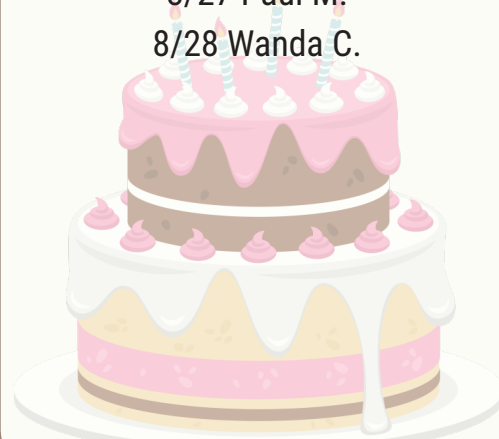
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>21</b> <b>9:00</b> DailyChronicle Reading <b>9:15</b> Raise the Flag <b>9:30</b> Exercise <b>11:00</b> S.E.C.C. on TV <b>1:00</b> Bowling <b>2:00 - 2:30</b> Sunday Sundaes <b>3:30</b> PoKeNo <b>6:00</b> Walking Club <b>7:00</b> Rest, Relax, Hydrate	<b>22</b> <b>9:00</b> DailyChronicle Reading <b>9:15</b> Raise the Flag <b>10:00</b> Exercise w/ Music <b>2:00 (0)</b> Outing <b>2:00</b> Whack the Balloon <b>3:00</b> Tea Time! <b>3:30</b> Live Entertainment <b>6:00</b> Evening Stroll <b>7:00</b> Rest, Relax, Hydrate	<b>23</b> <b>9:00</b> DailyChronicle Reading <b>10:00</b> Chair volleyball <b>1:00</b> Pretty Nails <b>3:00</b> Fruit for Thought <b>3:15</b> Bingo <b>6:00</b> Evening Stroll <b>7:00</b> Rest, Relax, Hydrate	<b>24</b> <b>9:00</b> DailyChronicle Reading <b>9:15</b> Raise the Flag <b>10:00</b> PoKeNo <b>2:00</b> Exercise w/SelectRehab <b>3:00 (ALDR)</b> Karaoke w/ Zac <b>3:30</b> Mocktail Hour <b>7:00</b> Movie <b>7:00</b> Rest, Relax, Hydrate	<b>25</b> <b>8:30</b> Pastry Delivery <b>9:00</b> DailyChronicle Reading <b>9:15</b> Raise the Flag <b>10:00</b> Pairing & Sorting <b>10:30</b> Cardio Drumming <b>1:00</b> Arts and Crafts <b>3:00</b> Cornhole <b>6:00</b> Evening Stroll <b>7:00</b> Rest, Relax, Hydrate	<b>26</b> <b>9:00</b> DailyChronicle Reading <b>9:15</b> Raise the Flag <b>9:30 (SUN1)</b> Exercise <b>11:00</b> Bowling <b>1:00 - 2:00 (50D)</b> Summer Sock Hop <b>1:30 (TR)</b> Friday Matinee <b>2:00</b> Walk & Talk <b>3:00</b> Paring & Sorting <b>7:00</b> Rest, Relax, Hydrate	<b>27</b> <b>9:00</b> DailyChronicle Reading <b>9:30</b> Exercise <b>10:00</b> Dice Bowling <b>1:00</b> Movie Matinee <b>3:15</b> Cooking Demo <b>4:00</b> Bingo <b>7:00</b> Rest, Relax, Hydrate
<b>28</b> <b>9:00</b> DailyChronicle Reading <b>9:15</b> Raise the Flag <b>9:30</b> Exercise <b>11:00</b> S.E.C.C. on TV <b>1:00</b> Bowling <b>2:00 - 2:30</b> Sunday Sundaes <b>3:30</b> Dancing Hour! <b>6:00</b> Walking Club <b>7:00</b> Rest, Relax, Hydrate	<b>29</b> <b>9:00</b> DailyChronicle Reading <b>9:15</b> Raise the Flag <b>10:00</b> Exercise w/ Music <b>1:00</b> Birthday Celebration <b>2:00 (0)</b> Outing <b>2:00</b> Whack the Balloon <b>3:00</b> Tea Time! <b>6:00</b> Evening Stroll <b>7:00</b> Rest, Relax, Hydrate	<b>30</b> <b>9:00</b> DailyChronicle Reading <b>9:30</b> Hot Cocoa Delivery <b>10:00</b> Chair volleyball <b>1:00</b> Pretty Nails <b>2:00</b> Cards for Caregivers <b>3:15</b> Bingo <b>6:00</b> Evening Stroll <b>7:00</b> Rest, Relax, Hydrate	<b>31</b> <b>9:00</b> DailyChronicle Reading <b>9:15</b> Raise the Flag <b>10:00</b> Cornhole <b>2:00</b> Exercise w/SelectRehab <b>3:30</b> Mocktail Hour <b>7:00</b> Movie <b>7:00</b> Rest, Relax, Hydrate			

### MONTHLY HIGHLIGHT

1	Tea Time!	19	Exercise w/ Shannon
3	Watermelon Contest	19	Friday Matinee
3	Paint n' Sip	20	Live Entertainment
4	Live Entertainment	20	Cooking Demo
5	Exercise w/ Shannon	21	Sunday Sundaes
5	Friday Matinee	22	Tea Time!
5	Water Balloon Toss	22	Live Entertainment
7	Sunday Sundaes	23	Fruit for Thought
8	Tea Time!	24	Exercise w/SelectRe-
8	Live Entertainment	24	Karaoke w/ Zac
9	Lunch: Pizza Party!	25	Cardio Drumming
10	Exercise w/SelectRe-	25	Cornhole
11	Cardio Drumming	26	Summer Sock Hop
11	Arts and Crafts	26	Friday Matinee
12	Friday Matinee	27	Cooking Demo
14	Sunday Sundaes	28	Sunday Sundaes
15	Tea Time!	29	Birthday Celebration
16	Flower Buds	29	Tea Time!
17	Exercise w/SelectRe-	30	Cards for Caregivers
17	Paint n' Sip	31	Cornhole
18	Culinary Showcase	31	Exercise w/SelectRe-
18	Live Entertainment		

### HAPPY BIRTHDAY!

8/5 Hugh M.  
 8/10 Martha Jane S.  
 8/10 Bruce L.  
 8/16 Ronald "Dutch" R.  
 8/18 Nell D.  
 8/22 Betty j.  
 8/27 Paul M.  
 8/28 Wanda C.



### ACTIVITY KEY

<b>50D</b> 50's Diner	<b>MW C</b> MW Court-
<b>ACT</b> Activities	yard
Room	<b>O</b> Outing
<b>ALDR</b> AL Dining	<b>PDR</b> Private Dining
Room	Room
All Day Event	<b>2FLB</b> Second Floor
<b>BAR</b> Bar	Balcony
<b>B</b> Bistro	<b>LV2</b> Second Floor
<b>CK</b> Country Kitchen	Living Room
<b>DR</b> Dining Room	<b>SUN2</b> Second Floor
<b>D2D</b> Door to Door	Sunroom
<b>LV1</b> First Floor Liv-	<b>S2B</b> Second Floor
ing Room	Sunroom B
<b>SUN1</b> First Floor	<b>SUN</b> Sunroom
Sunroom	<b>TR</b> Theater Room
<b>FL</b> Front Lobby	<b>V</b> Veranda
<b>LIB</b> Library	<b>WC</b> Wellness Cen-
<b>LR</b> Living Room	ter
<b>MW</b> Memory Way	