

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 7:30 - 9:30 (ALDR) Breakfast 9:00 (B) Donuts w/ Zac 10:00 (WC) BP Checks 10:00 (D2D) Pet Therapy w/Rowdy 10:30 (FL) Stretch & Balance 11:15 - 1:15 (ALDR) Lunch 1:30 (TR) Afternoon Cinema 2:30 (2FLB) Cards for Staff 4:00 (BAR) Happy Hour 6:30 (50D) Resident Led Game	2 7:30 - 9:30 (ALDR) Breakfast 10:30 - 11:00 (FL) Chair Volleyball 11:15 - 1:15 (ALDR) Lunch 1:00 - 2:00 (LV1) Pretty Nails 2:00 (B) Book Mobile 3:00 (TR) Step On It: Roll Out 4:00 (BAR) Happy Hour	3 7:30 - 9:30 (ALDR) Breakfast 10:30 (FL) Workout w/Select Rehab 11:15 - 1:15 (ALDR) Lunch 1:00 (O) Dollar Tree Shopping 2:00 (B) Chat w/ Amanda 3:00 (BAR) Pictionary 4:00 (BAR) Happy Hour	4 7:30 - 9:30 (ALDR) Breakfast 9:30 (B) Hot Chocolate Bar 10:30 (TR) Mindful Meditation 11:00 - 11:30 (2FLB) General Store 11:15 - 1:15 (ALDR) Lunch 1:00 (2FLB) Give Back 2:00 (LIB) Blackjack 3:00 (ACT) Bingo 4:00 (BAR) Happy Hour 6:30 (TR) Saturday Cinema
5 7:30 - 9:30 (ALDR) Breakfast 10:30 - 12:30 (O) Local Church Runs 10:30 (TR) Mass of the Air 11:15 - 1:15 (ALDR) Lunch 11:30 (TR) S.E.C.C. on TV 1:30 (2FLB) Whack the Balloon 2:30 (B) Rummikub 3:30 (B) STEP ON IT check in 4:00 (BAR) Happy Hour	6 7:30 - 9:30 (ALDR) Breakfast 10:30 (FL) Chair Volleyball 11:15 - 1:15 (ALDR) Lunch 1:30 (O) Target Shopping 2:00 (TR) TED TALK: Self Love 3:00 - 3:45 (2FLB) Hand Massages 4:00 (BAR) Happy Hour	7 7:30 - 9:30 (ALDR) Breakfast 10:30 - 11:00 (TR) Trivia Tuesday! 11:00 - 11:30 (2FLB) General Store 11:15 - 1:15 (ALDR) Lunch 1:15 (LIB) Blackjack 2:00 (2FLB) Light Weights w/ Karen 3:00 (ACT) Bingo 4:00 (BAR) Happy Hour	8 7:30 - 9:30 (ALDR) Breakfast 10:00 (WC) BP Checks 10:00 (D2D) Pet Therapy w/Rowdy 10:30 (FL) Stretch & Balance 11:15 - 1:15 (ALDR) Lunch 1:30 (TR) Afternoon Cinema 3:00 (ACT) Name Tag Social 4:00 (BAR) Happy Hour 6:30 (50D) Resident Led Game	9 7:30 - 9:30 (ALDR) Breakfast 10:30 - 11:00 (FL) Chair Volleyball 11:15 - 1:15 (ALDR) Lunch 1:00 - 2:00 (LV1) Pretty Nails 2:00 (2FLB) Chair Zumba w/ Shannon 3:00 (50D) Men's Group w/ Lee 4:00 (BAR) Happy Hour	10 7:30 - 9:30 (ALDR) Breakfast 10:30 (FL) Workout w/Select Rehab 11:15 - 1:15 (ALDR) Lunch 1:30 (B) Chat w/ Christy 2:30 (FL) Oscars Red Carpet Walk 3:30 (B) Famous Duos 4:00 (BAR) Happy Hour	11 7:30 - 9:30 (ALDR) Breakfast 9:30 (B) Hot Chocolate Bar 10:30 (TR) Mindful Meditation 11:00 - 11:30 (2FLB) General Store 11:15 - 1:15 (ALDR) Lunch 1:00 (2FLB) Give Back 2:00 (LIB) Blackjack 3:00 (ACT) Bingo 4:00 (BAR) Happy Hour 6:30 (TR) Saturday Cinema
12 7:30 - 9:30 (ALDR) Breakfast 10:30 - 12:30 (O) Local Church Runs 10:30 (TR) Mass of the Air 11:15 - 1:15 (ALDR) Lunch 11:30 (TR) S.E.C.C. on TV 1:30 (2FLB) Whack the Balloon 2:30 (B) Muffins & Mimosas 3:30 (B) STEP ON IT check in 4:00 (BAR) Happy Hour	13 7:30 - 9:30 (ALDR) Breakfast 10:30 (FL) Chair Volleyball 11:15 - 1:15 (ALDR) Lunch 1:30 (O) Walmart Shopping 2:00 (B) MARCH MADNESS 3:00 (50D) Tea Time! 4:00 (BAR) Happy Hour 4:45 - 5:45 (DR) Live Music: Bernie	14 7:30 - 9:30 (ALDR) Breakfast 10:30 - 11:00 (TR) Trivia Tuesday! 11:00 - 11:30 (2FLB) General Store 11:15 - 1:15 (ALDR) Lunch 1:15 (LIB) Blackjack 2:00 (2FLB) Light Weights w/ Karen 3:00 (ACT) Bingo 4:00 (BAR) Happy Hour 4:45 - 5:45 (ALDR) Live Music by Freddie	15 7:30 - 9:30 (ALDR) Breakfast 10:00 (WC) BP Checks 10:00 (D2D) Pet Therapy w/Rowdy 10:30 (FL) Stretch & Balance 11:15 - 1:15 (ALDR) Lunch 1:30 (TR) Afternoon Cinema 3:00 (V) Cornhole 4:00 (BAR) Happy Hour 6:30 (50D) Resident Led Game	16 7:30 - 9:30 (ALDR) Breakfast 10:30 - 11:00 (FL) Chair Volleyball 11:15 - 1:15 (ALDR) Lunch 1:00 - 2:00 (LV1) Pretty Nails 2:00 (2FLB) Giveback 3:00 (2FLB) Wine & Scrabble 4:00 (BAR) Happy Hour	17 7:30 - 9:30 (ALDR) Breakfast 9:00 Lucky Scavenger Hunt 10:30 (FL) Workout w/Select Rehab 11:00 (O) Lunch Bunch 11:15 - 1:15 (ALDR) Lunch 1:30 - 2:00 (V) Bagpipe Entertainment 2:00 (FL) Lucky Trail Mix Bar 3:00 (DR) Resident Forum 4:00 (BAR) Happy Hour	18 7:30 - 9:30 (ALDR) Breakfast 9:30 (B) Hot Chocolate Bar 10:30 (TR) Mindful Meditation 11:00 - 11:30 (2FLB) General Store 11:15 - 1:15 (ALDR) Lunch 1:00 (2FLB) Give Back 2:00 (ALDR) OC Children's Choir 3:00 (ACT) Bingo 4:00 (BAR) Happy Hour 6:30 (TR) Saturday Cinema

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19 7:30 - 9:30 (ALDR) Breakfast 10:30 - 12:30 (O) Local Church Runs 10:30 (TR) Mass of the Air 11:15 - 1:15 (ALDR) Lunch 11:30 (TR) S.E.C.C. on TV 1:30 (2FLB) Whack the Balloon 2:30 (B) Rummikub 3:30 (B) STEP ON IT check in 4:00 (BAR) Happy Hour	20 7:30 - 9:30 (ALDR) Breakfast 10:30 (FL) Chair Volleyball 11:15 - 1:15 (ALDR) Lunch 1:30 (O) Kroger Shopping 2:00 (TR) Comedy Hour 3:00 - 3:45 (2FLB) Hand Massages 4:00 (BAR) Happy Hour 4:45 - 5:45 (ALDR) Live Music by Don W.	21 7:30 - 9:30 (ALDR) Breakfast 10:30 - 11:00 (TR) Trivia Tuesday! 11:00 - 11:30 (2FLB) General Store 11:15 - 1:15 (ALDR) Lunch 1:15 (LIB) Blackjack 2:00 (2FLB) Light Weights w/ Karen 3:00 (ACT) Bingo 4:00 (BAR) Happy Hour	22 7:30 - 9:30 (ALDR) Breakfast 10:00 (WC) BP Checks 10:00 (D2D) Pet Therapy w/Rowdy 10:30 (FL) Stretch & Balance 11:15 - 1:15 (ALDR) Lunch 1:30 (TR) Afternoon Cinema 2:00 (FL) Paint n' Sip 4:00 (BAR) Happy Hour 6:30 (50D) Resident Led Game	23 7:30 - 9:30 (ALDR) Breakfast 10:30 - 11:00 (FL) Chair Volleyball 10:30 (D2D) Pet Therapy: Mercy 11:15 - 1:15 (ALDR) Lunch 1:00 - 2:00 (LV1) Pretty Nails 2:00 (2FLB) Chair Zumba w/ Shannon 3:00 (BAR) Veterans Chat 4:00 (BAR) Happy Hour	24 7:30 - 9:30 (ALDR) Breakfast 10:30 (FL) Workout w/Select Rehab 11:00 (O) Hobby Lobby Shopping 11:15 - 1:15 (ALDR) Lunch 2:00 (DR) Culinary Showcase 2:30 (ALDR) Chat w/ Chef Bob 3:00 (B) Can You Roll Doubles? 4:00 (BAR) Happy Hour	25 7:30 - 9:30 (ALDR) Breakfast 9:30 (B) Hot Chocolate Bar 10:30 (TR) Mindful Meditation 11:00 - 11:30 (2FLB) General Store 11:15 - 1:15 (ALDR) Lunch 1:00 (2FLB) Give Back 2:00 (LIB) Blackjack 3:00 (ACT) Bingo 4:00 (BAR) Happy Hour 4:45 - 5:45 (ALDR) Live Music: Doug Pinson
26 7:30 - 9:30 (ALDR) Breakfast 10:30 - 12:30 (O) Local Church Runs 10:30 (TR) Mass of the Air 11:15 - 1:15 (ALDR) Lunch 11:30 (TR) S.E.C.C. on TV 1:30 (2FLB) Whack the Balloon 2:30 (B) Root Beer Floats 3:30 (B) STEP ON IT check in 4:00 (BAR) Happy Hour	27 7:30 - 9:30 (ALDR) Breakfast 10:30 (FL) Chair Volleyball 11:15 - 1:15 (ALDR) Lunch 1:30 (O) Walmart Shopping 3:00 (2FLB) Wine & Scrabble 4:00 (BAR) Happy Hour 4:45 - 5:45 (ALDR) Live Music: Bernie	28 7:30 - 9:30 (ALDR) Breakfast 10:30 - 11:00 (TR) Trivia Tuesday! 11:00 - 11:30 (2FLB) General Store 11:15 - 1:15 (ALDR) Lunch 1:15 (LIB) Blackjack 2:00 (2FLB) Light Weights w/ Karen 3:00 (ACT) Bingo 4:00 (BAR) Happy Hour 4:45 - 5:45 (ALDR) Live Music: Freddie	29 7:30 - 9:30 (ALDR) Breakfast 10:00 (WC) BP Checks 10:00 (D2D) Pet Therapy w/Rowdy 10:30 (FL) Stretch & Balance 11:15 - 1:15 (ALDR) Lunch 1:30 (TR) Afternoon Cinema 2:30 (FL) Crumbl Cookie Tasting 4:00 (BAR) Happy Hour 6:30 (50D) Resident Led Game	30 7:30 - 9:30 (ALDR) Breakfast 10:30 - 11:00 (FL) Chair Volleyball 11:15 - 1:15 (ALDR) Lunch 11:30 (PDR) March Birthday Lunch 1:00 - 2:00 (LV1) Pretty Nails 2:00 (B) HLC w/ Select Rehab 3:00 (BAR) Manhattan Drinks w/ Zac 4:00 (BAR) Happy Hour	31 7:30 - 9:30 (ALDR) Breakfast 10:30 (FL) Workout w/Select Rehab 11:00 (O) Lunch Bunch 11:15 - 1:15 (ALDR) Lunch 1:00 (FL) MW/AL Volleyball Match 2:00 (2FLB) Crafting Hour 4:00 (BAR) Happy Hour	

MONTHLY HIGHLIGHT

1 Donuts w/ Zac	20 Hand Massages
2 Book Mobile	20 Live Music by Don W.
2 Step On It: Roll Out	22 Paint n' Sip
3 Chat w/ Amanda	23 Pet Therapy: Mercy
6 Hand Massages	23 Chair Zumba w/ Shannon
9 Chair Zumba w/ Shannon	23 Veterans Chat
9 Men's Group w/ Lee	24 Culinary Showcase
10 Chat w/ Christy	24 Chat w/ Chef Bob
10 Oscars Red Carpet	25 Live Music: Doug Pinson
12 Muffins & Mimosas	26 Root Beer Floats
13 Tea Time!	27 Wine & Scrabble
13 Live Music: Bernie	27 Live Music: Bernie
14 Live Music by Freddie	28 Live Music: Freddie
17 Lunch Bunch	29 Crumbl Cookie Tasting
17 Bagpipe Entertainment	30 HLC w/ Select Rehab
17 Lucky Trail Mix Bar	30 Manhattan Drinks w/ Zac
17 Resident Forum	31 Lunch Bunch
18 OC Children's Choir	31 MW/AL Volleyball

HAPPY BIRTHDAY!

3/3 Barbara B.
3/5 Julie H.
3/5 Dick P.
3/6 Sandy R.
3/8 Phillip A.
3/17 Richard T.
3/18 Dick R.
3/19 Jane S.
3/26 Liz N.
3/28 Judy C.
3/30 Dean H.



ACTIVITY KEY

50D 50's Diner	MW C MW Courtyard
ACT Activities Room	O Outing
ALDR AL Dining Room	PDR Private Dining Room
All Day Event	2FLB Second Floor Balcony
BAR Bar	LV2 Second Floor Living Room
B Bistro	SUN2 Second Floor Sunroom
CK Country Kitchen	S2B Second Floor Sunroom B
DR Dining Room	SUN Sunroom
D2D Door to Door	TR Theater Room
LV1 First Floor Living Room	V Veranda
SUN1 First Floor Sunroom	WC Wellness Center
FL Front Lobby	
LIB Library	
LR Living Room	
MW Memory Way	

